
Bike to Work

A movement for greener cities

Every year, thousands of people across the Czech Republic join the [Bike to Work Challenges](#), a **nationwide initiative promoting sustainable commuting**. These challenges encourage participants to swap their cars for bicycles, walking, or other eco-friendly transportation options, making cities cleaner, healthier, and more enjoyable. Whether you're cycling, running, or skating, the goal is simple: move sustainably and have fun doing it!

This initiative is organized by [AutoMat](#), a non-profit association dedicated to improving urban life by advocating for better conditions for cycling, walking, and public transport. Through campaigns, policy advocacy, and community projects, AutoMat works to create cities that are more livable, sustainable, and people-friendly.

The Bike to Work Challenge isn't just about reducing emissions—it's about building a community of like-minded people who care about their cities. Participants log their daily sustainable commutes, join social events, and compete for fun rewards. The challenge has been running since 2011, and every year, more workplaces and institutions get involved, proving that small changes in daily routines can make a huge collective impact.

Charles University promotes sustainable mobility and takes part in these challenges - in a university-wide frame.